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| 1 Week 22 July - 27 | भारत स्थिति, भारत की सीमाएँ, आकार और भौगोलिक विविधता |
| 2 Week 29 July - 3 Aug. | दक्षिण एशिया के सन्दर्भ में भारत, भारत के पड़ोसी देश, भारत के दिक् - स्थानिक सम्बन्ध |
| 3 Week 5 - 10 Aug | धरातलीय संरचना, उत्तरी तथा उत्तरी पर्वतमाला, हिमालय का भौगोलिक विभाजन, उत्तरी भारत का मैदान का भौतिक एवं प्रादेशिक विभाजन |
| 4 Week 12 - 17 Aug | प्रायद्वीपीय पठार के भौतिक उपविभाग, भारतीय मरुस्थल, तटीय मैदान एवं इसका वर्गीकरण, द्वीप समूह |
| 5 Week 19 - 24 Aug | भारतीय अपवाह तंत्रों का वर्गीकरण, हिमालय अपवाह के नदी तंत्र का विकास, प्रायद्वीपीय अपवाह तंत्र का विकास |
| 6 Week 26 - 31 Aug | भारत की जलवायु, जलवायु को निर्धारित करने वाले कारक, भारतीय मानसून की प्रकृति, तूफानों का वर्गीकरण |
| 7th Week 2 Sep - 7 Sep | भारत के जलवायु प्रदेश, कोपेन का जलवायु वर्गीकरण थॉर्नवेट के जलवायु प्रदेश, भारतीय जलवायु की विशेषताएँ |
| 8th Week 9 - 14 Sep | भारतीय मृदा एवं इसके प्रकार, मृदा के व्यक्त, मृदा परिच्छेदिका, मृदा अपरदन के प्रकार, मृदा के कारण व धानियाँ एवं इसके रोकथाम के उपाय |
| 9th Week 16 - 21 Sep | प्राकृतिक वनस्पति का अर्थ, वनों के प्रकार, वनों के लाभ, भारतीय वनों के समस्याएँ, वन संरक्षण |
| 10th Week 23 - 28 Sep | आपदा : अर्थ एवं प्रकार, भूकम्पीय क्षेत्र, उष्ण कटिबंधीय चक्रवात, बाढ़, सूखा, भू-स्खलन एवं सुनामी के कारण एवं इनसे बचने के उपाय, आपदा प्रबन्धन |

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| 11th Week 30 Sep - 5 Oct | भारतीय जनसंख्या, जनसंख्या का वितरण एवं इसे प्रभावित करने वाले कारक, जनसंख्या घनत्व एवं प्रकार, जनसंख्या वृद्धि एवं इसकी प्रावस्थाएँ, जनसंख्या संघटन । |
| 12th Week 7 - 12 Oct | भारतीय कृषि एवं इसका प्रतिरूप - चावल, गेहूँ, कपास, गन्ना का विशेष हरियाणा के सन्दर्भ में उत्पादन, हरित क्रांति, भारत में हरित क्रांति लाने वाले कारक तथा इसके प्रभाव, समस्याएँ एवं इससे निपटने के सुझाव |
| 13th Week 14 - 19 Oct | खनिज संसाधन एवं इसके प्रकार, लोहखनिज, मैंगनीज, प्ल्यूमीनियम, अन्नक का उत्पादन एवं वितरण, ऊर्जा के संसाधन - कोयला, पेट्रोलियम, जल विद्युत, सौर ऊर्जा, नाभिकीय ऊर्जा का उत्पादन एवं वितरण, खनिज एवं ऊर्जा संसाधनों का संरक्षण |
| 14th Week 21 - 24 Oct | विनिर्माण उद्योग : उद्योगों की स्थिति, लौह-इस्पात उद्योग, कपासूत्री वस्त्र उद्योग, चीनी उद्योग का वित्तार एवं उत्पादन, हरियाणा के प्रमुख औद्योगिक प्रदेश |
| 15 Week 31 Oct - 2 Nov | परिवहन के साधनों का वर्गीकरण, सड़क, रेल एवं जल परिवहन के महत्व, संचार तंत्र, संचार के साधनों का वर्गीकरण एवं महत्व । |
| 16th Week 4 - 9 Nov | दोहराई कार्य |
| 17th Week 11 - 16 Nov | दोहराई कार्य |
| 18th Week 18 - 23 Nov | दोहराई कार्य @ |

Lesson Plan - 2019-20

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| July-2019 | 3rd Week | Introduction to Cartography |
| | 4th Week | Maps and their types. Test |
| Aug - 2019 | 1st Week | Maps and their types. |
| | 2nd week | Map Scales. Test |
| | 3rd week | Methods of Expressing a Scale - 1 Exercise |
| | 4th week | Methods of Expressing a Scale - 1 Exercise |
| Sep - 2019 | 1st week | Conversion of Statement of Scale into R.P and vice versa - 1 Exercise. |
| | 2nd week | Plain Scale (Km and mile) 1-Exercise |
| | 3rd week | Comparative Scale - 1 Exercise Test |
| | 4th week | Comparative Scale - 1 Exercise |
| Oct 2019 | 1st week | Diagonal Scale - 1 Exercise |
| | 2nd week | Diagonal Scale - 1 Exercise. Test |
| | 3rd week | Measurement of Distance and Area on Map 1 - Exercise. |
| | 4th week | Measurement of Distance and Area on map - 1 Exercise |
| Nov 2019 | 1st week | Enlargement and Reduction of map. 1 - Exercise |
| | 2nd week | Enlargement and Reduction of map. 1 - Exercise |
| | 3rd week | Revise and Test |
| | 4th week | Revise and Test |

Amul.

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| | | पर्यावरण अध्ययन का अर्थ, परिभाषा एवं बहुविध स्वरूप |
| July-2019 | 3rd Week | पर्यावरण अध्ययन का कार्यक्षेत्र व महत्व |
| | 4th Week | प्राकृतिक संसाधन का अर्थ, परिभाषा, प्रकार |
| Aug | Ist Week | प्राकृतिक आपदा, संसाधनों का संरक्षण |
| Aug - 2019 | 2nd week | पारिस्थितिक तंत्र की अवधारणा/संकल्पना, परिभाषा, रचना |
| | 3rd week | कार्य, ऊर्जा गति एवं ऊर्जा के प्रकार |
| | 4th week | पारिस्थितिक तंत्र में खाद्य प्रणाली, एवं क्रोधाप |
| Sep. | Ist Week | खाद्य जाल एवं पारिस्थितिक पिरामिड का वर्णन |
| Sep - 2019 | 2nd week | जैवविविधता भूमिका, परिभाषा, प्रकार, भारत का जैव-भौगोलिक वर्गीकरण |
| | 3rd week | जैव-विविधता का महत्व एवं संरक्षण |
| | 4th week | पर्यावरण-प्रदूषण परिभाषा, कारण, प्रभाव व नियंत्रण के उपाय |
| Oct. | Ist Week | प्राकृतिक आपदा, प्रकार, प्रभाव एवं आपदा प्रबंधन |
| Oct 2019 | 2nd week | पर्यावरण से सम्बन्धित सामाजिक मुद्दे |
| | 3rd week | पर्यावरणीय सुरक्षा विवेक, पर्यावरण जन-चेतना |
| | 4th week | मानव जनसंख्या तथा पर्यावरण |
| Nov 2019 | Ist week | क्षेत्र कार्य |
| | 2nd week | दोहराई कार्य |
| | 3rd week | दोहराई कार्य |
| | 4th week | दोहराई कार्य |

Ranjit

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| July-2019 | 3rd Week | weather and climate |
| | 4th Week | Composition and Structure of the Atmosphere |
| Aug. | | |
| Aug - 2019 | 1st Week | Insolation and Temperature |
| | 2nd week | Atmospheric Pressure Test |
| | 3rd week | wind system Test |
| | 4th week | Atmospheric Humidity and Precipitation |
| Sep. | | |
| Sep - 2019 | 1st week | Airmasses and fronts Test |
| | 2nd week | cyclone, climate classification |
| | 3rd week | Climate classification Test |
| | 4th week | climate change and Global warming |
| Oct | | |
| Oct 2019 | 1st week | Surface configuration of the ocean floor |
| | 2nd week | Temperature and Salinity of ocean water |
| | 3rd week | Circulation of the ocean water Test Sea waves. |
| | 4th week | Ocean currents. - Pacific, Atlantic and India ocean currents. |
| Nov. | | |
| Nov 2019 | 1st week | oceanic Resources. Test |
| | 2nd week | Revise and Test |
| | 3rd week | Revise and Test |
| | 4th week | Revise and Test |

Subhash

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| July-2019 | 3rd Week | Measurement of temperature and Rainfall |
| | 4th Week | Measurement of Pressure and Humidity - Test |
| Aug. | | |
| Aug - 2019 | 1st Week | Representation of temperature - graph Types. |
| | 2nd week | Representation of Rainfall - Diagram Types. |
| | 3rd week | Line and Bar Graph - 1 Exercise Test |
| | 4th week | Distribution of temperature - 1 Exercise |
| Sep. | | |
| Sep - 2019 | 1st week | Distribution of temperature - 1 Exercise |
| | 2nd week | Hythergraph - 1 Exercise |
| | 3rd week | Hythergraph - 1 Exercise Test |
| | 4th week | Rainfall deviation Diagram - 1 Exercise |
| Oct | | |
| Oct 2019 | 1st week | climograph - 1 Exercise |
| | 2nd week | climograph - 1 Exercise Test |
| | 3rd week | Distribution of Pressure 1 - Exercise. |
| | 4th week | Distribution of Pressure 1 Exercise. |
| Nov. | | |
| Nov 2019 | 1st week | weather map Interpretation January & July 1 - Exercise. |
| | 2nd week | weather map Interpretation January & July 1 - Exercise. |
| | 3rd week | Revise and Test |
| | 4th week | Revise and Test |
| | | Subhash |

Ramsingh Benival Lesson Plan 2019-20

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| July-2019 | 3rd Week | Measurement of temperature and Rainfall |
| | 4th Week | Measurement of pressure and Humidity. |
| Aug. 2019 | 1st Week | Representation of Temperature - Graph Tables. |
| | 2nd Week | Representation of Rainfall Diagram Types. |
| | 3rd Week | Line and Bar Graph - I Exercise |
| | 4th Week | Distribution of temperature - I Exercise |
| Sept. 2019 | 1st Week | Distribution of Temperature - I Exercise |
| | 2nd Week | Hythergraph - I Exercise |
| | 3rd Week | Hythergraph - I Exercise |
| | 4th Week | Rainfall Deviation Diagram - I Exercise |
| Oct 2019 | 1st Week | Climograph - I Exercise |
| | 2nd Week | Climograph - I Exercise |
| | 3rd Week | Distribution of pressure - I Exercise |
| | 4th Week | Distribution of pressure - I Exercise |
| Nov. 2019 | 1st Week | Weather map Interpretation January - July - I Exercise |
| | 2nd Week | Weather map Interpretation January - July - I Exercise. |
| | 3rd Week | Revise and Test |
| | 4th Week | Revise and Test. |

RSB

Ramsingh Beniwal Lesson Plan - 2019-20

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| July-2019 | 3rd Week | Weather and Climate |
| | 4th Week | Composition and Structure of the Atmosphere |
| Aug. Aug - 2019 | 1st Week | Insolation and Temperature |
| | 2nd week | Atmospheric pressure Test |
| | 3rd week | Wind System Test |
| | 4th week | Atmospheric Humidity and Precipitation |
| Sep. Sep - 2019 | 1st week | Airmasses and Fronts Test |
| | 2nd week | Cyclone, Climate Classification |
| | 3rd week | Climate Classification Test |
| | 4th week | Climate changes and global warming |
| Oct Oct 2019 | 1st week | Surface Configuration of the Ocean Floor |
| | 2nd week | Temperature and salinity of ocean water. |
| | 3rd week | Circulation of the ocean water Test Sea waves. |
| | 4th week | ocean currents - Pacific, Atlantic and India ocean currents. |
| Nov. Nov 2019 | 1st week | oceanic Resources Test. |
| | 2nd week | Revise and Test |
| | 3rd week | Revise and Test |
| | 4th week | Revise and Test |

[Signature]

Lesson Plan 2019-2020 (Theory)

Teachers Name Pamlyh Benjwal BA 2nd Sem

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|----------------|----------|---|
| जनवरी -2020 | 1st week | Definition, Nature, scope and fields of Physical Geography. |
| | 2nd week | Interior of the earth |
| | 3rd week | Geological time scale and rocks. |
| | 4th week | Earth movements, folds and faults. |
| फरवरी -2020 | 1st week | Earth quakes and volcanoes. |
| | 2nd week | Theory of Isostasy. |
| | 3rd week | Weyner's continental drift theory. |
| | 4th week | Plate tectonic theory. |
| मार्च-2020 | 1st week | Weathering; Processes and its types. |
| | 3rd week | Mass-movements called, its types and impacts. |
| | 4th week | Cycle of erosion concepts and theories of W.M. Davis. |
| अप्रैल-2020 | 1st week | cycle of erosion concepts Penck. |
| | 2nd week | Processes and land forms of Wind, River |
| | 3rd week | Processes and land forms ^{Underground} water. |
| | 4th week | Processes and land forms: Glaciers. |

Government College Palamand (HWR)

Lesson Plan 2019-2020

BA Final Sem^{str}
Practical

Teacher Name Ram Singh

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| जनवरी -2020 | 1st week | Introduction to Topographical Sheets India and adjacent Countries |
| | 2nd week | Degree sheets, Half Degree sheets quarter Degree sheet Exercises |
| | 3rd week | Conventional signs Exercises 1 |
| | 4th week | Methods of representing relief |
| फरवरी -2020 | 1st week | Slopes (Concave, convex undulating and terraced) Exercises 1 |
| | 2nd week | Valleys V shaped U shaped Gorges Re entrant Exercises 2 |
| | 3rd week | Ridges Conical Hill Volcanic hill Plateau: Escarpment Exercises. |
| | 4th week | Complex features Waterfall, sea cliff, overhanging cliffs, Fjord Coast Exercises: 2 |
| मार्च - 2020 | 1st week | Drawing of Profiles. |
| | 3rd week | Cross Profiles: Serial Exercises 1 |
| | 4th week | Superimposed Profile - Exercises 1 |
| अप्रैल - 2020 | 1st week | Projected Profile Composite profiles |
| | 2nd week | Longitudinal Profiles Exercises |
| | 3rd week | Chain and Tape Survey Exercises |
| | 4th week | Chain and Tape Survey - Exercises |

Lesson Plan - 2019-20

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| जनवरी - 2020 | 1st week | Nature and scope of Human Geography Human Races and Tribes of India |
| | 2nd week | Human Races and Tribes of India The concept of man Environment Relations Test |
| | 3rd week | Human Adaption to the Environment Resources meaning, Nature and Components Test |
| | 4th week | Classification of Resources Distribution and utilization of biotic resources |
| फरवरी - 2020 | 1st week | Distribution and utilization of Abiotic Resources Test |
| | 2nd week | Conservation of Natural Resources Test |
| | 3rd week | Population of the World Test |
| | 4th week | Concepts of optimum population over population and under population |
| मार्च - 2020 | 1st week | Theories of Population Rural settlement Test |
| | 3rd week | origin and Growth of Towns Test |
| | 4th week | Classification and functions of Towns |
| | अप्रैल - 2020 | 1st week |
| 2nd week | | sustainable Development Revise |
| 3rd week | | Revise and Test |
| 4th week | | Revise and Test |

(Signature)

Lesson Plan - 2019-20

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| जनवरी - 2020 | 1st week | map Projection General Principal |
| | 2nd week | Cylindrical map Projection |
| | 3rd week | Cylindrical map Projection |
| | 4th week | Conical map Projection |
| फरवरी - 2020 | 1st week | Conical map Projection |
| | 2nd week | Zenithal map Projection |
| | 3rd week | Zenithal map Projection |
| | 4th week | Conventional Projection |
| मार्च - 2020 | 1st week | Conventional Projection |
| | 3rd week | Identification and Choice of map Projection |
| | 4th week | Identification and Choice of map Projection |
| अप्रैल - 2020 | 1st week | Plane Table survey |
| | 2nd week | Plane Table survey |
| | 3rd week | Revise |
| | 4th week | Revise |

(Signature)

Lesson Plan - 2019-20

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| जनवरी - 2020 | 1st week | पर्यावरण अध्ययन का बहुविषयक स्वरूप परिभाषा, कार्यक्षेत्र एवं महत्व |
| | 2nd week | प्राकृतिक सपदाएँ / ससाधन |
| | 3rd week | प्राकृतिक सपदाओं / ससाधन का संरक्षण |
| | 4th week | पारिस्थितिकीय तंत्र की अवधारणा, रचना एवं कार्य, ऊर्जा गति की स्व प्रकार |
| फरवरी - 2020 | 1st week | पारिस्थितिकीय तंत्र में खाद्य - पुनालियाँ खाद्य जाल तथा पारिस्थिती विरोध |
| | 2nd week | जैव- विविधता भूमिका, परिभाषा, प्रकार भारत का जैव-भौतिक वर्गीकरण |
| | 3rd week | जैव- विविधता का महत्व एवं संरक्षण |
| | 4th week | पर्यावरण प्रदूषण - परिभाषा, कारण उत्पाद एवं नियंत्रण के तरीके |
| मार्च - 2020 | 1st week | प्राकृतिक आपदाएँ प्रकार, उभाव एवं आपदा प्रबंधन |
| | 3rd week | सामाजिक समस्याएँ / प्रश्न एवं पर्यावरण |
| | 4th week | पर्यावरण सुरक्षा विधायक पर्यावरण जन चेतना |
| अप्रैल - 2020 | 1st week | मानव जनसंख्या तथा पर्यावरण |
| | 2nd week | क्षेत्र कार्य |
| | 3rd week | Revise And Text (P) |
| | 4th week | Revise And Text |

B.A IInd 4th Sem Section A

SUBHASH CHANDER

Subject - Geography
(theory)

Lesson Plan - 2019-20

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|----------------|----------|---|
| जनवरी -2020 | 1st week | Nature and Scope of Human Geography Human Races and Tribes of India |
| | 2nd week | Human Races and Tribes of India The Concept of man Environment Relations. Test |
| | 3rd week | Human Adaptation to the Environment Resources: Meaning, Nature and components. Test |
| | 4th week | Classification of Resources. Distribution and Utilization of Biotic Resources |
| फरवरी -2020 | 1st week | Distribution and utilization of Abiotic Resources Test |
| | 2nd week | Conservation of Natural Resources. Test |
| | 3rd week | Population of the world Test |
| | 4th week | Concepts of optimum population overpopulation and underpopulation |
| मार्च - 2020 | 1st week | Theories of Population Rural Settlement Test |
| | 3rd week | Origin and Growth of Towns. Test |
| | 4th week | Classification and functions of Towns. |
| अप्रैल - 2020 | 1st week | Population Pressure, Resources Use and Environment Degradation |
| | 2nd week | Sustainable Development Revise |
| | 3rd week | Revise and Test |
| | 4th week | Revise and Test |

SUBHASH CHANDER

Subject: Geography
(Practical)

Lesson Plan - 2019-20

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| जनवरी - 2020 | 1st week | Map Projection: General Principal. |
| | 2nd week | Cylindrical Map Projection |
| | 3rd week | Cylindrical Map Projection |
| | 4th week | Conical Map Projection |
| फरवरी - 2020 | 1st week | Conical Map Projection |
| | 2nd week | Zenithal Map Projection |
| | 3rd week | Zenithal Map Projection |
| | 4th week | Conventional Projection |
| मार्च - 2020 | 1st week | Conventional Projection |
| | 3rd week | Identification and choice of Map Projection |
| | 4th week | Identification and choice of Map Projection |
| अप्रैल - 2020 | 1st week | Plane Table Survey |
| | 2nd week | Plane Table Survey |
| | 3rd week | Revise |
| | 4th week | Revise |

Subhash

Lesson Plan - 2019-20

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| जनवरी - 2020 | 1st week | पर्यावरण अध्ययन का बहुविधक स्वरूप - परिभाषा, कार्यक्षेत्र एवं महत्व |
| | 2nd week | प्राकृतिक संपदाएँ / संसाधन |
| | 3rd week | प्राकृतिक संपदाओं / संसाधन का संरक्षण |
| | 4th week | पारिस्थितिकीय तंत्र की अवधारणा, रचना एवं कार्य, ऊर्जा गतिकी एवं प्रकार |
| फरवरी - 2020 | 1st week | पारिस्थितिकीय तंत्र में खाद्य-प्राणतंत्रों खाद्य जाल तथा पारिस्थिकीय पिरेमिड |
| | 2nd week | जैव-विविधता, भूमिका, परिभाषा, प्रकार भारत का जैव-भूगोलिक वितरण |
| | 3rd week | जैव-विविधता का महत्व एवं संरक्षण |
| | 4th week | पर्यावरण प्रदूषण - परिभाषा, कारण प्रभाव एवं नियंत्रण के तरीके |
| मार्च - 2020 | 1st week | प्राकृतिक आपदाएँ प्रकार, प्रभाव एवं आपदा प्रबंधन |
| | 3rd week | सामाजिक समस्याएँ / प्रश्न एवं पर्यावरण |
| | 4th week | पर्यावरण सुरक्षा विधायक पर्यावरण जन चेतना |
| अप्रैल - 2020 | 1st week | मानव जनसंख्या तथा पर्यावरण |
| | 2nd week | क्षेत्र कार्य |
| | 3rd week | Revise and Test |
| | 4th week | Revise and Test |